

Personal Health Social and Citizen Education (PHSCE)

PHSCE is designed to help all pupils to cope with the challenges of personal daily life and to prepare them for their future in society. It provides them with:

- the knowledge and skills to empower them to make thoughtful and informed decisions
- the basis to understand themselves and their own development.
- the ability to relate to others in positive and constructive ways.

PHSCE in the Lower School via House Tutor Groups

Year 9 - The course is designed to support pupils in settling into a new environment, developing successful relationships with others. It encourages pupils to develop independently and as a group, whilst introducing them to serious issues in the local and wider community in order that they can make educated and informed decisions about their own lives, whilst reflecting on and developing their own values and attitudes. The course also tackles issues of personal safety in a variety of situations (including online) and prevention of bullying is explored through a range of media. It is taught by house tutors, or a specialist outside speaker on such topics as Alcohol, Illegal Drugs, Sex and relationships.

Year 10 - The tutor system continues to explore a number of topics such as British politics, The Stock Market, Current affairs, Nuclear Future, Food and Choice, Stereotypes and Racism. Pupils will have the opportunity to engage with, and respond to, issues of significance in contemporary society, about which they may have to make informed decisions in the future. It is taught by house tutors, or a specialist outside speakers on such topics as Alcohol, Cyber Bullying,

Year 11- The Year 11 course aims to equip students for life as young adults and as such covers a range of topics. During the course they will consider a number of ethical issues that they will face as they mature as well as completing a unit on personal finance when themes such as obtaining credit, savings and investments will be discussed. They will complete a careers course and get ideas for careers and they also cover basic first aid.

Year 10 – Classroom taught PHSCE

PHSCE is further enhanced by a timetabled lesson. The course focuses around three main areas in the 3 academic terms. Pupils are taught in mixed groups for Diet and Self Esteem (Michaelmas Term), Single Sex groups for Sex and Relationships (Lent Term) and pupils are taught in newly formed sets for Moral and Ethical Issues (Summer Term)

PHSCE in the Sixth Form

PHSCE is continued in the Sixth form by using a series of specialist outside speakers who come in to talk on a range of subjects – Disability, Alcohol , Illegal Drugs , Relationships , Eating Disorders, Cyber Bullying , The Law and Teenagers and Career and enlightenment lectures.

Every Child Matters

Across the 5 year PHSCE programme, the course seeks to reflect and begin to meet the 5 outcomes of Every Child Matters, that every child, whatever their background or their circumstances, to have the support they need to:

- Be healthy
- Stay safe
- Enjoy and achieve
- Make a positive contribution
- Achieve economic well-being

PHSCE Coordinator : C.E.Goodhead ceg@repton.org.uk